

D

DANGER

Check for danger - ensure scene is safe

R

RESPONSE

Check for response - ask name, squeeze shoulders

S

SEND

Send for help - call Triple Zero (000) for an ambulance, or ask a bystander to make the call

A

AIRWAY

Open mouth - look for foreign material and maintain the airway

B

BREATHING

Check for breathing - look, listen, feel

C

CPR

Start CPR - 30 compressions : 2 breaths
If unwilling or unable to perform breaths,
perform chest compressions only (100/min)

D

DEFIBRILLATION

Apply Defibrillator (AED) as soon as available
Follow the voice prompts